



a pathway to
leisure &
learning for
disabled
people



*If you would like to
receive this newslet-
ter in a different for-
mat or not at all, then
please contact Carol.*

Ryder-Cheshire Volunteers Vale of White Horse Branch

This is the first Newsletter since we became a branch. We now have our own Charity Number 1128135. We have a new office on the Harwell Campus and a new phone number:-01235 838550 mobile:-07735 011686 fax:-01235 838501 and email:- carol.johnson@rcv.org.uk

We have been very busy last quarter with pub lunches on 20th July & 21st September.

We also held our Launch Party on 18th September.

Thanks to all those who helped to make these events successful.

What an unusual summer it has been, lots of rain & sun, just could not seem to make up its mind.

We are definitely in to autumn now, the weather has turned decidedly chilly but still bits of sun to keep us on our toes.

The leaves are already changing colour & falling from the trees, conkers are ready to be collected by children & the nights are drawing in.

It will soon be Christmas & then we will be in to a New Year.

DATES FOR YOUR DIARY

Pub Lunch on Monday 16th November at
The Boundary House in Abingdon

Christmas Lunch on Saturday 19th
December at St. John Vianney Church Hall in
Wantage

Could you sponsor this newsletter !

Contact Carol if you can help us.

Useful Bits

Open Britain is a new annual guide book for disabled people due to be published in November. The website www.openbritain.net will offer you the chance to search online for accommodation, plan trips & post reviews.

The Blue Badge map is a new interactive UK map launched by Direct.gov. It aims to help disabled people find accessible amenities. Blue Badge and Red Route parking bays, UK tourist attractions and much more. Visit direct.gov.uk/bluebadgemap

Carers Direct is new online information service and helpline for carers. It is designed to be a one-stop shop to help carers manage their lives & includes advice, news & more. Visit www.nhs.uk/carersdirect or call **free on 0808 802 0202** (8am-9pm Mon-Fri, 11am-4pm Sat&Sun)

Are you interested in testing websites for disability accessibility purposes (& receive **£50 per hour**). If so then email Sarah Tynan from Bunnyfoot on SarahT@bunnyfoot.com for more details.

RCV (VWH) does not endorse any of these services, but hope that the information may be of interest to you.

Volunteers Required

Abingdon

A gentleman would like to go to football or do some cooking.

A wheelchair-bound lady would like help in the garden.

Sutton Courtenay

A lady who has suffered a stroke would like to go swimming & needs help to set up her craft studio.

Faringdon

A gentleman would like to go to the gym & also share his interest in writing music & photography.

Southmoor

A lady would like help with drawing & painting.

Grove

A blind lady would like to go out for tea or shopping or to the gym.

If you can help at all then please get in touch.