

# Ryder-Cheshire Volunteers Buckinghamshire

leisure and learning opportunities for adults with a physical disability

## Media Release

### For immediate release



13<sup>th</sup> July 2011

#### **Town Council supports local charity in its work with disabled people in Aylesbury**

Aylesbury Town Council has awarded a grant of £1,400 in support of Ryder-Cheshire Volunteers in Buckinghamshire. RCV Bucks is a local charity dedicated to improving opportunities for adults with physical disabilities. It arranges for volunteers to help disabled people with individual leisure and learning activities and also organises regular social activities.

Kyle Banks co-ordinates RCV Bucks' activities and supports the members and volunteers. He said: "I have been working for Ryder-Cheshire since February and am constantly inspired by the difference that our volunteers make to the lives of disabled people. We are grateful for this expression of support from the people of Aylesbury, via the Town Council. Their contribution will help us to recruit, train and match volunteers to allow more local people to have the kind of fun I think so many of us take for granted".

Becoming a part of RCV can be fun and rewarding. Kyle recently met with a volunteer who told him about her time shared with a disabled member. She said: "We have more laughs together than I do with anyone. She has been an inspiration to me". On being able to get out of the home for her activity one member remarked, "It means so much to get me out of these four walls".

The charity is always looking for support in the work it does. If you are interested in volunteering and would like to find out more please contact Kyle on 07837 547 023 or alternatively email [kyle.banks@rcv.org.uk](mailto:kyle.banks@rcv.org.uk).

#### **Ends**

Word Count: 264

#### **Notes to editors:**

#### **Structure**

RCV Bucks is organised by a group of local volunteer trustees and run by Kyle Banks, a full-time co-ordinator who lives in the Vale of Aylesbury.

#### **Objectives**

To give adults with a physical disability, who have a need, the opportunity to add quality TO life through leisure and learning.

It is a person-centred organisation which aims to give adults with a physical disability, who have a need, the opportunity to add quality TO life through leisure and learning. RCV looks beyond a person's disability, to focus on what can be achieved, rather than what can't. We create opportunities for individuals, with support from RCV, to rebuild self confidence, improve physical and emotional health, develop independence and meet other people with the same interests and experiences.

## Ways of working

- Group activities like swimming or bowling
- Supported introductions to local clubs or groups
- Finding a like-minded volunteer
- Joining the RCV community

## Examples of volunteer member partnership activities include

- Supporting a member to play golf again following the loss of mobility after a stroke.
- Supporting a Tetraplegic Epileptic member to go swimming.
- Supporting a member with Multiple Sclerosis to take up and improve landscape painting.
- Supporting a registered blind lady to access the town shops.

## Figures

At the end of the last financial year, RCV Bucks had been involved in supporting 38 disabled members, with 15 volunteers. RCV Bucks has a further 18 members and volunteers whom it keeps in touch with via a newsletter and the opportunity to attend regular social activities such as a coordinator run monthly pub lunch in Aylesbury.

## Background

In April 2011 RCV Bucks was awarded charity status by the Charity Commission.

RCV Bucks is affiliated with the national Ryder-Cheshire Volunteers charity, which provides us with support in many areas of our work. Ryder-Cheshire Volunteers was originally set up in 1986 by Sue Ryder with her husband Leonard Cheshire (its Silver Jubilee is celebrated this autumn).

## Misc.

RCV Bucks is reliant upon fundraising to maintain its operation.

RCV Bucks accepts referrals directly from physically disabled people or via care agencies.

RCV Bucks does not involve its partnerships in personal care.

## Press Contact

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For a direct link to RCV Bucks project page and our latest newsletter click:

<http://www.rcv.org.uk/rcv/index.php/projects/voa-project.html>