

Ryder-Cheshire Volunteers (Reading)

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**Merry
Christmas**

**from Lucy
and all the trustees of Ryder-Cheshire
Volunteers (Reading)**

If you would like to receive this and future newsletters in a different format, e.g. via email, in large text or to opt out of the mailing list, please contact Lucy

Get Together

All members and volunteers are invited to these social events. It's a chance to meet others in the community and to have a good ol' chinwag!

Wednesday 20th January

10:00-12:00, Coffee Morning

Starbucks Coffee House, Broad Street/Kings Road.

Tuesday 23rd February

13:00-15:00, Afternoon Tea

Emmanuel Church, Oxford Road.

Friday 19th March

10:00-12:00, Coffee Morning

Starbucks Coffee House, Broad Street/Kings Road.

If you have an idea for a future venue or dates or have feedback, please let Lucy know.

Christmas Cheer

What is Santa's favourite pizza? One that's deep pan, crisp and even.

Why was Santa's little helper feeling depressed? He had low elf-esteem.

What's white and goes up? A confused snowflake.



What's furry and minty? A polo bear.

How do snowmen get around? They ride an icicle.

Who hides in the bakery at Christmas? A mince spy

For Your Information

RCV (Reading) is not endorsing these services, but we hope the information may be of interest to our Members and supporters

The Rough Guide to Accessible Britain

The Rough Guide to Accessible Britain has been produced in association with Motability (the car scheme for people with mobility needs). It is packed with ideas for great days out for visitors with a disability.

The guide rates over 170 attractions based on accessibility and facilities (including the availability of hearing loops, powered scooters and accessible toilets), and also provides tips on parking and getting around. Best of all is the fact that this guide has been written by people who have disabilities themselves!

This guide is not available in the shops. To order a copy, go to: www.accessibleguide.co.uk (N.B. this guide is free to Blue Badge holders.)

The Blue Badge Map is a new and interactive UK map, launched by Directgov. It aims to help people with a disability find accessible amenities, Blue Badge and Red Route parking bays, UK tourist attractions and much more.

Visit direct.gov.uk/bluebadgemap



Open Britain is a new annual guide book for people with a disability. The accompanying website www.openbritain.net will offer you to the chance to search online for accommodation, plan trips and post reviews.

Carers Direct is new online information service and helpline for carers. It is designed to be a one-stop shop to help carers manage their lives and includes advice, news and more.

Visit www.nhs.uk/carersdirect or call free 0808 802 0202 (8am-9pm Mon-Friday, 11am-4pm Sat and Sun)