



Could you make someone's day?

Ryder Cheshire Volunteers helps people with a physical disability enjoy a leisure or learning activity by pairing them with a volunteer who shares similar interests.

Could you be that volunteer?

KIDLINGTON AREA

Do you do a Delia?

A Kidlington lady would like to do some cooking – but due to her MS, needs help with lifting flour bags and mixing etc (to take place on a weekday afternoon).

Enjoy a good read?

A lady in Kidlington would love a chance to get to the Library and change her books - could you accompany and help her reach the higher shelves? (to take place on a weekday afternoon)

BANBURY AREA

Do you like to express yourself in paint?

A Banbury chap would like encouragement to develop his natural ability with acrylics.

Carol Klein? Monty Don?

If you like planting pots and patio gardening, could you help a chap in Banbury discover his green fingers?

Do you enjoy a good read?

If you enjoy reading, perhaps you would like to help a young lady in Banbury transcribe her novels from dictaphone to the computer.

Are you ready to appear on X Factor?

A blind young lady in Banbury would love to listen to all types of music and maybe go to the occasional audition..!

Please turn over for more vacancies ...



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ADDERBURY

Do you speak French?

A young man in Adderbury would love to improve his schoolboy French, and start having conversations.

BICESTER AREA

Do you enjoy a needle craft?

A lady Bicester would like to share her passion and interest in sewing and needlecraft.

Were you once scared of your computer but now find it fun?

Could you help a young lady in Bicester write letters to her friends using MS Word?

Do you like Bargain Hunt? Cash in the Attic? Try the real-life version!

A Bicester chap would enjoy going round local markets and car boot sales – maybe together you could spot a bargain!

Fancy going somewhere interesting today?

A Bicester chap would like to go to local places of interest and maybe stop for a pub lunch. Transport can be provided.

Do you collect cigarette cards, tin toys or Scalextric?

A fellow collector in Bicester would love to compare collections with you.

Please turn over for more vacancies ...

For info ring Claire Smith **01280 843938** claire.smith@rcv.org.uk